	C.	A Godly
	D.	A Godly
	E.	A Godly
5.	THE	OVER DISCOURAGEMENT
	Α.	David's
	В.	David's
		And David was greatly distressed; for the people spake of stoning him, because the soul of all the people was grieved, every man for his sons and for his daughters: but David encouraged himself in the Lord his God. 1 SAMUEL 30:6
		Let your conversation be without covetousness; and be content with such things as ye have: for he hath said, I will never leave thee, nor forsake thee. HEBREWS 13:5
	C.	David's
		Strengthen ye the weak hands, and confirm the feeble knees. Say to them that are of a fearful heart, Be strong, fear not: behold, your God will come with vengeance, even God with a recompence; he will come and save you. ISAIAH 35:3-4
Cc	onclu	usion:
		*T7· ·
		*Visit gabrielruhl.com to listen to previous lessons.



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HIS DESIGN | SUNDAY, JULY 9, 2017 | WEEK 4

# Lesson: **DEFEATING DISCOURAGEMENT**

And Ahab told Jezebel all that Elijah had done, and withal how he had slain all the prophets with the sword. Then Jezebel sent a messenger unto Elijah, saying, So let the gods do to me, and more also, if I make not thy life as the life of one of them by to morrow about this time. And when he saw that, he arose, and went for his life, and came to Beersheba, which belongeth to Judah, and left his servant there. But he himself went a day's journey into the wilderness, and came and sat down under a juniper tree: and he requested for himself that he might die; and said, It is enough; now, O Lord, take away my life; for I am not better than my fathers. 1 KINGS 19:1-4

Introduction:		

### 1. THE TIMING OF DISCOURAGEMENT

# A. After a long struggle

And he spake a parable unto them to this end, that men ought always to pray, and not to faint; LUKE 18:1

## B. After a large victory

And when all the people saw it, they fell on their faces: and they said, The Lord, he is the God; the Lord, he is the God. 1 KINGS 18:39

## C. At a low-point physically

And he said unto them, Come ye yourselves apart into a desert place, and rest a while: for there were many coming and going, and they had no leisure so much as to eat. MARK 6:31

### 2. THE TOOLS OF DISCOURAGEMENT

#### A. Attack

Then Jezebel sent a messenger unto Elijah, saying, So let the gods do to me, and more also, if I make not thy life as the life of one of them by to morrow about this time. 1 KINGS 19:2

#### B. Alienation

Be sober, be vigilant; because your adversary the devil, as a roaring lion, walketh about, seeking whom he may devour: 1 PETER 5:8

Not forsaking the assembling of ourselves together, as the manner of some is; but exhorting one another: and so much the more, as ye see the day approaching. HEBREWS 10:25

## C. Anguish

But he himself went a day's journey into the wilderness, and came and sat down under a juniper tree: and he requested for himself that he might die; and said, It is enough; now, O Lord, take away my life; for I am not better than my fathers. 1 KINGS 19:4

- 1. HE OVERESTIMATED THE SERIOUSNESS OF THE PROBLEM
- 2. HE OVERESTIMATED THE SIGNIFICANCE OF HIS PERSON

Finally, brethren, whatsoever things are true, whatsoever things are honest, whatsoever things are just, whatsoever things are pure, whatsoever things are lovely, whatsoever things are of good report; if there be any virtue, and if there be any praise, think on these things. PHILIPPIANS 4:8

3.	THE		<b>ABOUT</b>
	DISC	OURAGEMENT	

	A.	Elijah's
		And he came thither unto a cave, and lodged there; and, behold, the word of the Lord came to him, and he said unto him, What doest thou here, Elijah? 1 KINGS 19:9
		And it was so, when Elijah heard it, that he wrapped his face in his mantle, and went out, and stood in the entering in of the cave. And, behold, there came a voice unto him, and said, What doest thou here, Elijah? 1 KINGS 19:13
		For we are his workmanship, created in Christ Jesus unto good works, which God hath before ordained that we should walk in them. EPHESIANS 2:10
	В.	God's
		And after the earthquake a fire; but the Lord was not in the fire: and after the fire a still small voice. 1 KINGS 19:12
		And let us not be weary in well doing: for in due season we shall reap, if we faint not. GALATIANS $6\:\!:\!9$
	C.	Elijah's
		And the angel of the Lord came again the second time, and touched him, and said, Arise and eat; because the journey is too great for thee. 1 KINGS 19:7
		Ye are of God, little children, and have overcome them: because greater is he that is in you, than he that is in the world. 1 JOHN 4:4
4.	THE	EFOR
	DIS	COURAGEMENT
	Α.	A Godly
		And as he lay and slept under a juniper tree, behold, then an angel touched him, and said unto him, Arise and eat. And he looked, and, behold, there was a cake baken on the coals, and a cruse of water at his head. And he did eat and drink, and laid him down again. 1 KINGS 19:5-6
		And the peace of God, which passeth all understanding, shall keep your hearts and minds through Christ Jesus. PHILIPPIANS 4:7

B. A Godly \_\_\_\_\_