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ways to restore the intimacy of your marriage each time you return from an absence so that your wife can begin to feel comfortable with you again.

- Get into the habit of spending fifteen hours each week alone with your spouse giving each other undivided attention. Spend much of this time in intimate conversation.
- Remember, most women fall in love with men who set aside time to share conversation and affection with them. They stay in love with men who continue to meet those needs.
- Financial considerations should not prevent you from meeting your wife's need for intimate conversation. If your job doesn't give you enough time to be alone to talk, it is ruining your marriage. Your job should serve your marriage, not vice versa.
- Never make demands on each other.
- Never be disrespectful to each other. Respect your spouse's feelings and opinions, especially when yours are different.
- Never say anything to each other when you are angry.
- Never remind each other of past mistakes or dwell on present mistakes.
- Use your conversation to inform, investigate, and understand each other.
- Develop interest in each other's favorite topics of conversation.
- Learn to balance your conversation. Avoid interrupting each other and try to give each other the same amount of time to talk.
- Give each other your undivided attention during conversation.

CONCLUSION

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October 1, 2017 | Gabriel Ruhl | Lesson 4

MESSAGE TITLE: EXCEEDING HER NEED FOR INTIMATE CONVERSATION

"Let no corrupt communication proceed out of your mouth, but that which is good to the use of edifying, that it may minister grace unto the hearers." (Ephesians 4:29)

INTRODUCTION

1. The _____ of intimate conversation

"Likewise, ye husbands, dwell with them according to knowledge, giving honour unto the wife, as unto the weaker vessel, and as being heirs together of the grace of life; that your prayers be not hindered." (1 Peter 3:7)

A. Intimate conversation takes _____

"Husbands, love your wives, even as Christ also loved the church, and gave himself for it;" (Ephesians 5:25)

B. Intimate conversation must be _____

2. The _____ of intimate conversation

"Husbands, love your wives, and be not bitter against them." (Colossians 3:19)

A. Intimate conversation is an integral part of how all of the other important emotional needs are _____

B. Intimate conversation is necessary for everyday problem solving and _____ resolution

“Can two walk together, except they be agreed?” (Amos 3:3)

“Wherefore putting away lying, speak every man truth with his neighbour: for we are members one of another. Be ye angry, and sin not: let not the sun go down upon your wrath: Neither give place to the devil.” (Ephesians 4:25-27)

C. Intimate conversation is important because it meets a _____ emotional need for most women

“Defraud ye not one the other, except it be with consent for a time, that ye may give yourselves to fasting and prayer; and come together again, that Satan tempt you not for your incontinency.” (1 Corinthians 7:5)

3. The _____ of intimate conversation

A. Making _____

B. Being _____

“Let your speech be alway with grace, seasoned with salt, that ye may know how ye ought to answer every man.” (Colossians 4:6)

Quote: “Since disrespect can be unintentional and poorly understood, if there’s ever a question about what makes a comment disrespectful, I have a simple way of answering it. If your spouse considers what you say to be disrespectful, it is.”—Willard Harley

C. Expressing _____

“Wherefore, my beloved brethren, let every man be swift to hear, slow to speak, slow to wrath: For the wrath of man worketh not the righteousness of God.” (James 1:19-20)

“A soft answer turneth away wrath: but grievous words stir up anger.” (Proverbs 15:1)

D. Dwelling on _____ past or present

“Death and life are in the power of the tongue.” (Proverbs 18:21)

“But I say unto you, That every idle word that men shall speak, they shall give account thereof in the day of judgment.” (Matthew 12:36)

4. The _____ of intimate conversation

“My beloved spake, and said unto me, Rise up, my love, my fair one, and come away. For, lo, the winter is past, the rain is over and gone; The flowers appear on the earth; the time of the singing of birds is come, and the voice of the turtle is heard in our land; The fig tree putteth forth her green figs, and the vines with the tender grape give a good smell. Arise, my love, my fair one, and come away. O my dove, that art in the clefts of the rock, in the secret places of the stairs, let me see thy countenance, let me hear thy voice; for sweet is thy voice, and thy countenance is comely. Take us the foxes, the little foxes, that spoil the vines: for our vines have tender grapes. My beloved is mine, and I am his: he feedeth among the lilies.” (Song of Solomon 2:10-16)

A. Conversing to inform, investigate, and _____

B. Developing interest in each other’s favorite _____ of conversation

C. _____ the conversation

D. Giving each other _____ attention

5. _____ for intimate conversation

- Remember how it was when you were dating. You both still need to exhibit that same intense interest in each other and in what you have to say, especially about your feelings.
- A woman has a profound need to engage in conversation about her concerns and interests with someone who—in her view—cares deeply about her.
- A woman is very likely to fall in love with a man who is an expert at talking to her about her personal feelings, past experiences, present activities, and plans for the future.
- Men, if your job keeps you away from home overnight or for days on end, think about changing jobs. If you cannot, find