

D. \_\_\_\_\_ of the future.

## 6. RIGHTLY \_\_\_\_\_ TO EMOTIONAL CHANGE.

A. Time with \_\_\_\_\_ and  
His Word

*Casting all your care upon him; for he careth for you.*  
1 PETER 5:7

*Be not carried about with divers and strange doctrines. For  
it is a good thing that the heart be established with grace;*  
HEBREWS 13:9A

B. Time with \_\_\_\_\_

C. \_\_\_\_\_ relief

*A merry heart doeth good like a medicine: but a broken spirit  
drieth the bones.* PROVERBS 17:22

D. Identity, \_\_\_\_\_  
and affirmation

CONCLUSION: \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

*\*Go to [gabrielruhl.com](http://gabrielruhl.com) to listen to previous lessons.*



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# Passionate PARENTING HD

HIS DESIGN | SUNDAY, APRIL 3 | WEEK 1

## Lesson 1: THE UNDERSTANDING PARENT

*My son, give me thine heart, and let thine eyes observe my ways.*  
PROVERBS 23:26

INTRODUCTION: \_\_\_\_\_  
\_\_\_\_\_

### HOW DO WE APPROACH THE TEENAGE TRANSITION?

- We should understand reality.
- We should teach through these changes.
- We should encourage and strengthen our kids through these changes.

*Faithful is he that calleth you, who also will do it.*  
1 THESSALONIANS 5:24

**QUOTE:** "A child cannot hear positive, affirming, comforting, and nurturing words too often." — Cary Schmidt

## 1. UNDERSTANDING \_\_\_\_\_ CHANGE

A. Awkward \_\_\_\_\_

B. \_\_\_\_\_ doesn't fit right

- C. Physical \_\_\_\_\_ stand out
- D. Personal \_\_\_\_\_ becomes an issue
- E. Sensitivity to \_\_\_\_\_
- F. Adult sexual \_\_\_\_\_ become real

**2. RIGHTLY \_\_\_\_\_ TO PHYSICAL CHANGE.**

- A. Be \_\_\_\_\_ in your spirit  
*But the fruit of the Spirit is love, joy, peace, longsuffering, gentleness, goodness, faith, GALATIANS 5:22*
- B. Be \_\_\_\_\_ in your heart  
*Now we exhort you, brethren, warn them that are unruly, comfort the feebleminded, support the weak, be patient toward all men. 1 THESSALONIANS 5:14*
- C. Be biblical in your \_\_\_\_\_  
*My son, hear the instruction of thy father, and forsake not the law of thy mother: PROVERBS 1:8*
- D. Be balanced in your family \_\_\_\_\_  
*See then that ye walk circumspectly, not as fools, but as wise, Redeeming the time, because the days are evil. Wherefore be ye not unwise, but understanding what the will of the Lord is. EPHESIANS 5:15-17*

**3. UNDERSTANDING \_\_\_\_\_ CHANGE.**

- A. \_\_\_\_\_ and judgment suspended— emotions take up slack.  
**QUOTE:** “Your teen’s frontal lobe is only now developing, which means teens tend to rely upon emotions and give in more quickly and easily to impulses.” — Cary Schmidt
- B. Brain under construction— \_\_\_\_\_ skills temporarily out of service.  
**FACT:** “The brain cells, called neurons, are...rearranging, making new connections, and pruning unnecessary ones to speed and reroute the flow of thought.” —**Boston Globe, Nov. 10, 2005**

**4. RIGHTLY \_\_\_\_\_ TO NEUROLOGICAL CHANGE.**

*And thou shalt teach them diligently unto thy children, and shalt talk of them when thou sittest in thine house, and when thou walkest by the way, and when thou liest down, and when thou risest up.  
And thou shalt bind them for a sign upon thine hand, and they shall be as frontlets between thine eyes.  
And thou shalt write them upon the posts of thy house, and on thy gates. DEUTERONOMY 6:7-9*

*Train up a child in the way he should go: and when he is old, he will not depart from it. PROVERBS 22:6*

**5. UNDERSTANDING \_\_\_\_\_ CHANGE.**

- A. Changing \_\_\_\_\_
- B. Desperation for \_\_\_\_\_ and identity
- C. Increased \_\_\_\_\_ attractions.