



**COMMITTED**  
experiencing and enjoying marriage God's way

His Design | September 22, 2013

**Title: How To Love**

Understanding Don't Try to "Fix" Her; Just Listen

**EPHESIANS 5:33**

*Nevertheless let every one of you in particular so love his wife even as himself; and the wife see that she reverence her husband.*

**1 PETER 3:7**

*Likewise, ye husbands, dwell with them according to knowledge, giving honour unto the wife, as unto the weaker vessel, and as being heirs together of the grace of life; that your prayers be not hindered.*

**Introduction:** \_\_\_\_\_  
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\_\_\_\_\_

**1. Proceed with** \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

**2. Practice** \_\_\_\_\_  
\_\_\_\_\_  
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**EPHESIANS 5:25**

*Husbands, love your wives, even as Christ also loved the church, and gave himself for it.*

**3. Pay \_\_\_\_\_ Attention**

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**JAMES 1:19**

*Wherefore, my beloved brethren, let every man be swift to hear, slow to speak, slow to wrath.*

**1 SAMUEL 1:8**

*Then said Elkanah her husband to her, Hannah, why weepest thou? and why eatest thou not? and why is thy heart grieved? am not I better to thee than ten sons?*

**4. Prioritize Your \_\_\_\_\_**

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**SONG OF SOLOMON 2:14**

*O my dove, that art in the clefts of the rock, in the secret places of the stairs, let me see thy countenance, let me hear thy voice; for sweet is thy voice, and thy countenance is comely.*

**EPHESIANS 5:16**

*Redeeming the time, because the days are evil.*

**She'll Feel You're Trying to Understand Her When...**

- You listen and can repeat back what she said.
- You don't try to "fix her problems" unless she specifically asks for a solution.
- You try to identify her feelings.
- You never dismiss her feelings, no matter how illogical they may seem to you.
- You say, "I appreciate your sharing that with me."
- You don't interrupt her when she's trying to tell you how she feels.
- You apologize and admit you were wrong.
- You cut her some slack during her monthly cycle.
- You see something that needs to be done and you do it without a lot of hassle.
- You express appreciation for all she does: "Honey, I could never do your job."
- You pray with her and for her.

—From *Love & Respect* by Dr. Emerson Eggerichs

**Conclusion: \_\_\_\_\_**

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