



**COMMITTED**  
experiencing and enjoying marriage God's way

His Design | December 1, 2013

**Title: How To Love—Esteem**

She Wants You to Honor & Cherish Her

**EPHESIANS 5:33**

*Nevertheless let every one of you in particular so love his wife even as himself; and the wife see that she reverence her husband.*

**1 PETER 3:7**

*Likewise, ye husbands, dwell with them according to knowledge, giving honour unto the wife, as unto the weaker vessel, and as being heirs together of the grace of life; that your prayers be not hindered*

**Introduction:** \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

**1. The** \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

**SONG OF SOLOMON 7:6**

*How fair and how pleasant art thou, O love, for delights!*

**EPHESIANS 5:28–29**

*<sup>28</sup> So ought men to love their wives as their own bodies. He that loveth his wife loveth himself. <sup>29</sup> For no man ever yet hated his own flesh; but nourisheth and cherisheth it, even as the Lord the church:*



**PROVERBS 31:28–29**

*28 Her children arise up, and call her blessed; her husband also, and he praiseth her. 29 Many daughters have done virtuously, but thou excellest them all.*

**PSALMS 34:15**

*The eyes of the LORD are upon the righteous, and his ears are open unto their cry.*

2. The \_\_\_\_\_

3. The \_\_\_\_\_

A. Remember \_\_\_\_\_ days



**QUOTE:** "The expense of a gift is secondary to the thought your wife senses you put into the gift, card, or activity."

B. Random \_\_\_\_\_ acts of kindness

4. The \_\_\_\_\_

**There are three ways you can answer a wife when you don't agree with her, and they can all keep her esteem intact.**

- First, you can simply say, "Honey, thanks for sharing your opinion."
- Second, you might say, "Honey, let me think about that." That tells her you are processing her ideas.
- Third, and possibly best, you say, "Sweetheart, even though I don't feel the same way you do about this, I value your opinion and I trust your heart."

5. The \_\_\_\_\_

**PROVERBS 5:18**

*Let thy fountain be blessed: and rejoice with the wife of thy youth.*

**Your Wife Will Feel Esteemed When:**

- You say, "I'm so proud of the way you handled that."
- You speak highly of her in front of others.
- You open the door for her.
- You try something new with her.
- You give her encouragement or praise with kindness and enthusiasm.
- You notice something different about her hair or clothes.
- You are physically affectionate with her in public.
- You teach the children to show her and others respect.
- You value her opinion in the gray areas as not wrong but just different—and valid.
- You choose family outings over "guy things."
- You make her feel first in importance.
- You are proud of her and all she does.

—From *Love & Respect* by Dr. Emerson Eggerichs

**Conclusion:** \_\_\_\_\_

\_\_\_\_\_

*You can listen to any Sunday's lesson by visiting [www.gabrielruhl.com](http://www.gabrielruhl.com) and clicking on the His Design logo on the homepage.*