

I will remember the works of the Lord: surely I will remember thy wonders of old. PSALM 77:11

D. Refocus your _____

I will meditate also of all thy work, and talk of thy doings. PSALM 77:12

For as he thinketh in his heart, so is he: Eat and drink, saith he to thee; but his heart is not with thee. PROVERBS 23:7

E. Rejoice in the _____

Thy way, O God, is in the sanctuary: who is so great a God as our God? Thou art the God that doest wonders: thou hast declared thy strength among the people. Thou hast with thine arm redeemed thy people, the sons of Jacob and Joseph. Selah. PSALM 77:13-15

But God commendeth his love toward us, in that, while we were yet sinners, Christ died for us. ROMANS 5:8

Rejoice in the Lord always: and again I say, Rejoice. PHILIPPIANS 4:4

Thy way is in the sea, and thy path in the great waters, and thy footsteps are not known. PSALM 77:19

Let your conversation be without covetousness; and be content with such things as ye have: for he hath said, I will never leave thee, nor forsake thee. HEBREWS 13:5

Conclusion: _____

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HIS DESIGN | SUNDAY, JULY 23, 2017 | WEEK 6

Lesson: RISING ABOVE DEPRESSION

I remembered God, and was troubled: I complained, and my spirit was overwhelmed. Selah. Thou holdest mine eyes waking: I am so troubled that I cannot speak. I have considered the days of old, the years of ancient times. I call to remembrance my song in the night: I commune with mine own heart: and my spirit made diligent search. Will the Lord cast off for ever? and will he be favourable no more? Is his mercy clean gone for ever? doth his promise fail for evermore? Hath God forgotten to be gracious? hath he in anger shut up his tender mercies? Selah. PSALM 77:3-9

Introduction: _____

1. THE _____ OF DEPRESSION

A. Inability to _____

Thou holdest mine eyes waking: PSALM 77:4a

B. Inarticulate _____

I am so troubled that I cannot speak. PSALM 77:4b

C. Incorrect _____

I have considered the days of old, the years of ancient times. PSALM 77:5

D. Inward _____

I call to remembrance my song in the night: I commune with mine own heart: and my spirit made diligent search. PSALM 77:6

Looking unto Jesus the author and finisher of our faith; who for the joy that was set before him endured the cross, despising the shame, and is set down at the right hand of the throne of God. HEBREWS 12:2

E. Inundation of _____

Is his mercy clean gone for ever? doth his promise fail for evermore? PSALM 77:8

God is our refuge and strength, a very present help in trouble. PSALM 46:1

2. THE _____ OF DEPRESSION

A. Having an _____ sovereign

I remembered God, and was troubled: I complained, and my spirit was overwhelmed. Selah. PSALM 77:3

Great is our Lord, and of great power: his understanding is infinite. PSALM 147:5

But they that wait upon the Lord shall renew their strength; they shall mount up with wings as eagles; they shall run, and not be weary; and they shall walk, and not faint. ISAIAH 40:31

The Lord is my light and my salvation; whom shall I fear? the Lord is the strength of my life; of whom shall I be afraid? PSALM 27:1

- Some people are blaming God

While he was yet speaking, there came also another, and said, The fire of God is fallen from heaven, and hath burned up the sheep, and the servants, and consumed them; and I only am escaped alone to tell thee. JOB 1:16

- Some people are bitter at God
- Some people are bothered by God

I cried unto God with my voice, even unto God with my voice; and he gave ear unto me. PSALM 77:1

And we know that all things work together for good to them that love God, to them who are the called according to his purpose. ROMANS 8:28

Trust in the Lord with all thine heart; and lean not unto thine own understanding. In all thy ways acknowledge him, and he shall direct thy paths. PROVERBS 3:5-6

B. Having an _____ self-pity

In the day of my trouble I sought the Lord: my sore ran in the night, and ceased not: my soul refused to be comforted. PSALM 77:2

C. Having an _____ spirit

Will the Lord cast off for ever? and will he be favourable no more? Is his mercy clean gone for ever? doth his promise fail for evermore? Hath God forgotten to be gracious? hath he in anger shut up his tender mercies? Selah. PSALM 77:7-9

(For we walk by faith, not by sight:) 2 CORINTHIANS 5:7

3. THE _____ FOR DEPRESSION

A. Realize you're to _____

And I said, This is my infirmity: PSALM 77:10a

B. Recall God's _____

But I will remember the years of the right hand of the most High. PSALM 77:10b

Then Samuel took a stone, and set it between Mizpeh and Shen, and called the name of it Ebenezer, saying, Hitherto hath the Lord helped us. 1 SAMUEL 7:12

C. Remember God's _____