

# exceed

Gabriel Ruhl | Lesson 12 | December 10, 2017

## MESSAGE TITLE: UNDERSTANDING HOW TO EXCEED EACH OTHER'S NEEDS

*“Set me as a seal upon thine heart, as a seal upon thine arm: for love is strong as death; jealousy is cruel as the grave: the coals thereof are coals of fire, which hath a most vehement flame. 7 Many waters cannot quench love, neither can the floods drown it: if a man would give all the substance of his house for love, it would utterly be contemned.” (Song of Solomon 8:6-7)*

*“Likewise, ye husbands, dwell with them according to knowledge, giving honour unto the wife, as unto the weaker vessel, and as being heirs together of the grace of life; that your prayers be not hindered.” (1 Peter 3:7)*

*“Nevertheless let every one of you in particular so love his wife even as himself; and the wife see that she reverence her husband.” (Ephesians 5:33)*

## INTRODUCTION

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## Understanding \_\_\_\_\_ needs

Definition: *Need*—a necessary thing or a thing that is required.

### About these needs:

- You have \_\_\_\_\_ a sacred vow to meet them.
- You have vowed not to have them met by \_\_\_\_\_.
- Your spouse \_\_\_\_\_ them from you.
- You \_\_\_\_\_ them from your spouse.
- Without them, your marriage will \_\_\_\_\_.

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## **Understanding the initial needs of a wife:**

*“Husbands, love your wives, even as Christ also loved the church, and gave himself for it;” (Ephesians 5:25)*

*“So ought men to love their wives as their own bodies. He that loveth his wife loveth himself.” (Ephesians 5:28)*

*“Husbands, love your wives, and be not bitter against them.” (Colossians 3:19)*

*“Likewise, ye husbands, dwell with them according to knowledge, giving honour unto the wife, as unto the weaker vessel, and as being heirs together of the grace of life; that your prayers be not hindered.” (1 Peter 3:7)*

## **What are they?**

- Affection
- Intimate Conversation
- Honesty and Openness
- Financial Support
- Family Commitment

## **Understanding the initial needs of a husband:**

*“Let her be as the loving hind and pleasant roe; let her breasts satisfy thee at all times; and be thou ravished always with her love.” (Proverbs 5:19)*

*“That they may teach the young women to be sober, to love their husbands, to love their children, To be discreet, chaste, keepers at home, good, obedient to their own husbands, that the word of God be not blasphemed.” (Titus 2:4-5)*

*“Nevertheless let every one of you in particular so love his wife even as himself; and the wife see that she reverence her husband.” (Ephesians 5:33)*

*“Wives, submit yourselves unto your own husbands, as unto the Lord.” (Ephesians 5:22)*

## **What are they?**

- Sexual Fulfillment
- Recreational Companionship
- Respect and Admiration
- Domestic Support
- An Attractive Wife

## Understanding \_\_\_\_\_ needs

A woman's indispensable need is \_\_\_\_\_—expressed as relational and emotional nurture.

A man's insispensible need is \_\_\_\_\_—expressed in physical intimacy.

### Principles about indispensable needs:

- They are \_\_\_\_\_ between a husband and wife.
- Your goal should be to \_\_\_\_\_ meet this need.
- Your \_\_\_\_\_ should be on your spouse, not yourself.
- Your spouse must \_\_\_\_\_ you how to meet this need.
- You must be \_\_\_\_\_ and seek to understand.
- These needs are \_\_\_\_\_ to your marital vow.
- These needs recur \_\_\_\_\_ in your spouse's heart.
- These needs are equal \_\_\_\_\_.
- These needs \_\_\_\_\_ each other in a cycle of selfless giving.
- These needs can \_\_\_\_\_ each other in a cycle of withholding.

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## Principles about a woman's indispensable needs of relational nurture:

- Husband, you can take your wife's \_\_\_\_\_ where no one else can.
- This single need is the thing that will \_\_\_\_\_ growing her love for you.
- You will sometimes \_\_\_\_\_ to meet this need effectively.
- When you fail, you must seek to \_\_\_\_\_ and honor.
- Satan will work hard to \_\_\_\_\_ you from fulfilling this need.

## Principles about a man's indispensable need of sex/physical intimacy:

- Wife, you can take your husband's \_\_\_\_\_ where no one else can.
- This single need can only be met by \_\_\_\_\_.
- Your husband will never grow " \_\_\_\_\_ " of your marital intimacy.
- Satan will work hard to \_\_\_\_\_ you from fulfilling this need.

**Quote:** "Just as the devil will do everything he can to bring two people together sexually before marriage, he does everything he can to keep them away from each other after marriage."

**From \_\_\_\_\_ to \_\_\_\_\_**

## There is a predictable process of break-down when a marriage literally becomes incompatible.

- Step 1 - One spouse fails to meet the need of the other for a season of time.
- Step 2 - The neglected spouse feels the loss with increasing intensity.
- Step 3 - The neglected spouse, either consciously or unconsciously, withdraws.

- Step 4 - The other spouse intensifies the withdrawal—now we have mutual offense!
- Step 5 - Both spouses have a relational “stranglehold” on the marriage relationship.
- Step 6 - A stand off ensues in which both spouses suffer until someone gives in.
- Step 7 - When no one gives in, the marriage grows colder and more distant by the day.
- Step 8 - Satan tempts each spouse to look elsewhere for their “oxygen.”
- Step 9 - Both spouses become more angry and bitter at each other by the day.
- Step 10 - Either someone gives in and repents, or the marriage self-destructs.

### **What to do when your marriage meets incompatibility:**

*“Now concerning the things whereof ye wrote unto me: It is good for a man not to touch a woman. Nevertheless, to avoid fornication, let every man have his own wife, and let every woman have her own husband. Let the husband render unto the wife due benevolence: and likewise also the wife unto the husband. The wife hath not power of her own body, but the husband: and likewise also the husband hath not power of his own body, but the wife. Defraud ye not one the other, except it be with consent for a time, that ye may give yourselves to fasting and prayer; and come together again, that Satan tempt you not for your incontinency. (1 Corinthians 7:1-15)*

- Pray and confess your \_\_\_\_\_
- Husband, make the \_\_\_\_\_ to nurture your wife. (Date night!)
- Forget your \_\_\_\_\_ and release your stranglehold.
- Plan time, focus, and \_\_\_\_\_ for your wife. (Seek to meet her needs only!)
- Wife, respond in godliness and release your \_\_\_\_\_.
- Wife, \_\_\_\_\_ back to your husband physical intimacy. (Seek to meet his needs only!)

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## When Marriage Meets Irresistibility

- Meeting your spouse's needs abundantly and lavishly is a \_\_\_\_\_, God-honoring thing to do!
- Meeting your spouse's needs abundantly is the best way to keep his/her \_\_\_\_\_ strongly bound to you!
- Meeting your spouse's needs abundantly is the best way to have your own \_\_\_\_\_ met.

**Husband** - Romance your wife's heart— \_\_\_\_\_  
\_\_\_\_\_.

**Wife** - Romance your husband physically— \_\_\_\_\_  
\_\_\_\_\_.

## CONCLUSION

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*\*Go to [gabrielruhl.com](http://gabrielruhl.com) to listen to previous lessons.*





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