



HIS DESIGN | SUNDAY, JULY 29, 2018 | WEEK 1

Lesson: **TRUST BY RESTING**

For what hath man of all his labour, and of the vexation of his heart, wherein he hath laboured under the sun? For all his days are sorrows, and his travail grief; yea, his heart taketh not rest in the night. This is also vanity.
ECCLESIASTES 2:22-23

Introduction: _____

1. As _____ as I decide to be

Take my yoke upon you, and learn of me; for I am meek and lowly in heart: and ye shall find rest unto your souls. MATTHEW 11:29

2. Understanding _____



I made me great works; I builded me houses; I planted me vineyards: I made me gardens and orchards, and I planted trees in them of all kind of fruits: I made me pools of water, to water therewith the wood that bringeth forth trees: I got me servants and maidens, and had servants born in my house; also I had great possessions of great and small cattle above all that were in Jerusalem before me: I gathered me also silver and gold, and the peculiar treasure of kings and of the provinces: I gat me men singers and women singers, and the delights of the sons of men, as musical instruments, and that of all sorts. So I was great, and increased more than all that were before me in Jerusalem: also my wisdom remained with me. And whatsoever mine eyes desired I kept not from them, I withheld not my heart from any joy; for my heart rejoiced in all my labour: and this was my portion of all my labour. ECCLESIASTES 2:4-10

Therefore I hated life; because the work that is wrought under the sun is grievous unto me: for all is vanity and vexation of spirit. ECCLESIASTES 2:17

Therefore I went about to cause my heart to despair of all the labour which I took under the sun. ECCLESIASTES 2:20

For all his days are sorrows, and his travail grief; yea, his heart taketh not rest in the night. This is also vanity. ECCLESIASTES 2:23

For even when we were with you, this we commanded you, that if any would not work, neither should he eat. 2 THESSALONIANS 3:10

3. Restless _____, restless soul

The sleep of a labouring man is sweet, whether he eat little or much: but the abundance of the rich will not suffer him to sleep. ECCLESIASTES 5:12

4. Embracing _____

Then said I in my heart, As it happeneth to the fool, so it happeneth even to me; and why was I then more wise? Then I said in my heart, that this also is vanity. For there is no remembrance of the wise more than of the fool for ever; seeing that which now is in the days to come shall all be forgotten. And how dieth the wise man? as the fool. ECCLESIASTES 2:15-16

5. Prioritizing _____

Remember the sabbath day, to keep it holy. Six days shalt thou labour, and do all thy work: But the seventh day is the sabbath of the Lord thy God: in it thou shalt not do any work, thou, nor thy son, nor thy daughter, thy manservant, nor thy maidservant, nor thy cattle, nor thy stranger that is within thy gates: For in six days the Lord made heaven and earth, the sea, and all that in them is, and rested the seventh day: wherefore the Lord blessed the sabbath day, and hallowed it. EXODUS 20:8-11

For all his days are sorrows, and his travail grief; yea, his heart taketh not rest in the night. This is also vanity. There is nothing better for a man, than that he should eat and drink, and that he should make his soul enjoy good in his labour. This also I saw, that it was from the hand of God. ECCLESIASTES 2:23-24

a. Resting is _____

b. Resting is _____

c. Resting is _____

Conclusion: _____

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