

Quote: “Solitude and silence give us some space to reform our innermost attitudes toward people and events. They take the world off our shoulders for a time and interrupt our habit of constantly managing things, of being in control, or thinking we are in control.”—
Ken Blanchard

iii. Pray

Have mercy upon me, O Lord; for I am weak: O Lord, heal me; for my bones are vexed. PSALM 6:2

But be not thou far from me, O Lord: O my strength, haste thee to help me. PSALM 22:19

D. We download God’s strength through _____

And he said unto me, My grace is sufficient for thee: for my strength is made perfect in weakness. Most gladly therefore will I rather glory in my infirmities, that the power of Christ may rest upon me. Therefore I take pleasure in infirmities, in reproaches, in necessities, in persecutions, in distresses for Christ’s sake: for when I am weak, then am I strong. 2 CORINTHIANS 12:9-10

Quote: “God does not need your strength, He has more than enough power of His own. He asks for your weakness: He has none of that Himself, and He is longing, therefore, to take your weakness, and use it as the instrument in His own mighty hand. Will you not yield your weakness to Him, and receive His strength?”—**Charles Spurgeon**

Notwithstanding the Lord stood with me, and strengthened me; that by me the preaching might be fully known, and that all the Gentiles might hear: and I was delivered out of the mouth of the lion. 2 TIMOTHY 4:17

Quote: ” It is when believers are out of answers, confidence, and strength, with nowhere else to turn but to God that they are in a position to be most effective,”

For though he was crucified through weakness, yet he liveth by the power of God. For we also are weak in him, but we shall live with him by the power of God toward you. 2 CORINTHIANS 13:4

Be of good courage, and he shall strengthen your heart, all ye that hope in the Lord. PSALM 31:24

CONCLUSION: _____

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LESSON 1: Overcoming Weakness with Strength

INTRODUCTION: _____

Nay, in all these things we are more than conquerors through him that loved us. ROMANS 8:37

Finally, my brethren, be strong in the Lord, and in the power of his might. Put on the whole armour of God, that ye may be able to stand against the wiles of the devil. For we wrestle not against flesh and blood, but against principalities, against powers, against the rulers of the darkness of this world, against spiritual wickedness in high places. Wherefore take unto you the whole armour of God, that ye may be able to withstand in the evil day, and having done all, to stand. Stand therefore, having your loins girt about with truth, and having on the breastplate of righteousness; And your feet shod with the preparation of the gospel of peace; Above all, taking the shield of faith, wherewith ye shall be able to quench all the fiery darts of the wicked. And take the helmet of salvation, and the sword of the Spirit, which is the word of God: Praying always with all prayer and supplication in the Spirit, and watching thereunto with all perseverance and supplication for all saints; EPHESIANS 6:10-18

But thanks be to God, which giveth us the victory through our Lord Jesus Christ. 1 CORINTHIANS 15:57

Now thanks be unto God, which always causeth us to triumph in Christ, and maketh manifest the savour of his knowledge by us in every place. 2 CORINTHIANS 2:14



Be strong and of a good courage: for unto this people shalt thou divide for an inheritance the land, which I sware unto their fathers to give them. Only be thou strong and very courageous, that thou mayest observe to do according to all the law, which Moses my servant commanded thee: turn not from it to the right hand or to the left, that thou mayest prosper withersoever thou goest. Have not I commanded thee? Be strong and of a good courage; be not afraid, neither be thou dismayed: for the Lord thy God is with thee whithersoever thou goest. JOSHUA 1:6, 7, 9

And David said to Solomon his son, Be strong and of good courage, and do it: fear not, nor be dismayed: for the Lord God, even my God, will be with thee; he will not fail thee, nor forsake thee, until thou hast finished all the work for the service of the house of the Lord. 1 CHRONICLES 28:20

Thou therefore, my son, be strong in the grace that is in Christ Jesus. 2 TIMOTHY 2:1

1. Standing _____

Watch ye, stand fast in the faith, quit you like men, be strong. 1 CORINTHIANS 16:13

2. _____ the Strength You Need

O God, thou art terrible out of thy holy places: the God of Israel is he that giveth strength and power unto his people. Blessed be God. PSALM 68:35

Trust ye in the Lord for ever: for in the Lord Jehovah is everlasting strength: ISAIAH 26:4

Thou believest that there is one God; thou doest well: the devils also believe, and tremble. JAMES 2:19

Hast thou not known? hast thou not heard, that the everlasting God, the Lord, the Creator of the ends of the earth, fainteth not, neither is weary? there is no searching of his understanding. He giveth power to the faint; and to them that have no might he increaseth strength. ISAIAH 40:28-29

Fear thou not; for I am with thee: be not dismayed; for I am thy God: I will strengthen thee; yea, I will help thee; yea, I will uphold thee with the right hand of my righteousness. ISAIAH 41:10

I can do all things through Christ which strengtheneth me. PHILIPPIANS 4:13

A. We download God's strength from His _____

Quote: "If your Bible is falling apart, it usually means that you are not."

My soul melteth for heaviness: strengthen thou me according unto thy word. PSALM 119:28

According as his divine power hath given unto us all things that pertain unto life and godliness, through the knowledge of him that hath called us to glory and virtue: Whereby are given unto us exceeding great and precious promises: that by these ye might be partakers of the divine nature, having escaped the corruption that is in the world through lust. 2 PETER 1:3-4

The law of the Lord is perfect, converting the soul: the testimony of the Lord is sure, making wise the simple. The statutes of the Lord are right, rejoicing the heart: the commandment of the Lord is pure, enlightening the eyes. PSALM 19:7-8

B. We download God's strength from _____

Be thou exalted, Lord, in thine own strength: so will we sing and praise thy power. PSALM 21:13

Unto thee, O my strength, will I sing: for God is my defence, and the God of my mercy. PSALM 59:17

Although the fig tree shall not blossom, neither shall fruit be in the vines; the labour of the olive shall fail, and the fields shall yield no meat; the flock shall be cut off from the fold, and there shall be no herd in the stalls: Yet I will rejoice in the Lord, I will joy in the God of my salvation. The Lord God is my strength, and he will make my feet like hinds' feet, and he will make me to walk upon mine high places. To the chief singer on my stringed instruments. HABAKKUK 3:17-19

C. We download God's strength by _____

Wait on the Lord: be of good courage, and he shall strengthen thine heart: wait, I say, on the Lord. PSALM 27:14

Even the youths shall faint and be weary, and the young men shall utterly fall: But they that wait upon the Lord shall renew their strength; they shall mount up with wings as eagles; they shall run, and not be weary; and they shall walk, and not faint. ISAIAH 40:30-31

i. Slow down

For thus saith the Lord God, the Holy One of Israel; In returning and rest shall ye be saved; in quietness and in confidence shall be your strength: and ye would not. ISAIAH 30:15

ii. Get quiet

And after the earthquake a fire; but the Lord was not in the fire: and after the fire a still small voice. 1 KINGS 19:12