

PSALM 145:4

4 One generation shall praise thy works to another, and shall declare thy mighty acts.

ISAIAH 38:19

19 The living, the living, he shall praise thee, as I do this day: the father to the children shall make known thy truth.

Practical tips:

- Don't wait until Sunday to prepare for Sunday.
- Have a nice breakfast on Sunday morning.
- Be positive about church.
- Bring your children to church. Sit together, sing together, listen together, pray together.
- Give.

B. A _____ Day

EXODUS 20:9

9 Six days shalt thou labour, and do all thy work:

C. A _____ Day

PSALM 118:24

24 This is the day which the Lord hath made; we will rejoice and be glad in it.

Conclusion: _____

Practical Tips:

- Have good Christian music playing when the children wake up on Sunday morning.
- Explain why we celebrate the Lord's day and go to church.
- Teach your children to bring a Bible to church.
- Train your children to dress their best on Sunday.
- Help your children practice giving.



Introduction: _____

Quote "God has not bowed to our nervous haste nor embraced the methods of our machine age. The man who would know God must give time to Him."—A.W. Tozer

1. God's _____ for Restlessness

EXODUS 20:8-11

8 Remember the sabbath day, to keep it holy. 9 Six days shalt thou labour, and do all thy work: 10 but the seventh day is the sabbath of the Lord thy God: in it thou shalt not do any work, thou, nor thy son, nor thy daughter, thy manservant, nor thy maidservant, nor thy cattle, nor thy stranger that is within thy gates: 11 for in six days the Lord made heaven and earth, the sea, and all that in them is, and rested the seventh day: wherefore the Lord blessed the sabbath day, and hallowed it.

MARK 2:27

27 And he said unto them, The sabbath was made for man, and not man for the sabbath:

A. _____ Rest

GENESIS 2:1-3

1 Thus the heavens and the earth were finished, and all the host of them. 2 And on the seventh day God ended his work which he had made; and he rested on the seventh day from all his work which he had made. 3 And God blessed the seventh day, and sanctified it: because that in it he had rested from all his work which God created and made.

ISAIAH 40:28

²⁸ Hast thou not known? hast thou not heard, that the everlasting God, the Lord, the Creator of the ends of the earth, fainteth not, neither is weary? there is no searching of his understanding.

ROMANS 5:12

¹² Wherefore, as by one man sin entered into the world, and death by sin; and so death passed upon all men, for that all have sinned:

JOHN 5:17

¹⁷ But Jesus answered them, My Father worketh hitherto, and I work.

B. _____ Rest

EXODUS 31:13, 16-17

¹³ Speak thou also unto the children of Israel, saying, Verily my sabbaths ye shall keep: for it is a sign between me and you throughout your generations; that ye may know that I am the Lord that doth sanctify you. ¹⁶ Wherefore the children of Israel shall keep the sabbath, to observe the sabbath throughout their generations, for a perpetual covenant. ¹⁷ It is a sign between me and the children of Israel for ever: for in six days the Lord made heaven and earth, and on the seventh day he rested, and was refreshed.

MATTHEW 15:6

⁶ And honour not his father or his mother, he shall be free. Thus have ye made the commandment of God of none effect by your tradition.

C. _____ Rest

2 CORINTHIANS 5:17

¹⁷ Therefore if any man be in Christ, he is a new creature: old things are passed away; behold, all things are become new.

JOHN 9:4

⁴ I must work the works of him that sent me, while it is day: the night cometh, when no man can work.

JOHN 19:30

³⁰ When Jesus therefore had received the vinegar, he said, It is finished: and he bowed his head, and gave up the ghost.

HEBREWS 10:12

¹² But this man, after he had offered one sacrifice for sins for ever, sat down on the right hand of God;

COLOSSIANS 2:13-14

¹³ And you, being dead in your sins and the uncircumcision of your flesh, hath he quickened together with him, having forgiven you all trespasses; ¹⁴ blotting out the handwriting of ordinances that was against us, which was contrary to us, and took it out of the way, nailing it to his cross;

COLOSSIANS 2:16-17

¹⁶ Let no man therefore judge you in meat, or in drink, or in respect of an holyday, or of the new moon, or of the sabbath days: ¹⁷ which are a shadow of things to come; but the body is of Christ.

MATTHEW 11:28

²⁸ Come unto me, all ye that labour and are heavy laden, and I will give you rest.

2. The _____ Day

REVELATION 1:10

¹⁰ I was in the Spirit on the Lord's day, and heard behind me a great voice, as of a trumpet,

8 reasons for celebrating the Lord's day:

- Jesus rose from the dead on the first day of the week.-Mark 16:9
- Jesus met with His disciples after His resurrection on the first day of the week.
- The disciples were commissioned to preach the Gospel on the first day of the week.-John 20:21
- The Holy Spirit was imparted to the apostles on the first day of the week.-John 20:22
- The church was born on the first day of the week.-Acts 2:1
- The book of the Revelation was given on the first day of the week.-Revelation 1:10
- The early church regularly met for worship on the first day of the week.-Acts 20:7
- The church collected its offerings on the first day of the week.-1 Corinthians 16:2

A. A _____ Day

HEBREWS 10:25

²⁵ Not forsaking the assembling of ourselves together, as the manner of some is; but exhorting one another: and so much the more, as ye see the day approaching.